## **Confidentiality**

In order to help you effectively, I need to understand your situation thoroughly and open-communication is paramount. Rest assured that I treat all client information with the utmost confidentiality, in accordance with the law and its limitations. Your personal information and case details will not be shared with anyone without your written consent.

I also want to emphasize that I do not become involved in legal disputes\*, particularly custody or domestic matters. My primary concern is the well-being of your entire family. Occasionally, to provide you with the best possible care, I may consult with other professionals who have special training and expertise. However, the same strict confidentiality rules that apply to your discussions with me apply to these consultations.

There are a few exceptions to confidentiality that we should be aware of:

- Safety Concerns: If there is a risk of physical harm to yourself or others, I must take necessary steps to ensure safety.
- 2. <u>Abuse or Neglect:</u> If I become aware of physical or sexual abuse or neglect of a minor child or an elderly person, I am legally obligated to report it to the appropriate authorities.
- 3. <u>Legal Cases:</u> In some legal situations, such as court orders, your clinical records may be requested. In such cases, I will abide by the law's requirements.
- Insurance and Resources: If you choose to use insurance, workman's compensation, SSI, or other resources, I may need to disclose specific information to

process the necessary paperwork. I will always discuss any additional charges with you in advance.

Your privacy and well-being are of utmost importance. Please feel free to reach out if you have any questions or concerns about confidentiality.